PROTECT YOURSELF PROTECT YOUR HEALTH

- Local Resources
- Fraud Prevention & Healthy Aging Speakers
- Exercise Demonstrations
- Snacks will be provided



SATURDAY	May 31st, 2025	10 AM - 12 PM
LOCATION:		
Legacy Ha	Church of Sacramento ll Avenue Sacramento, CA 95820	Use this flyer to
TO REGISTER: SCAN HERE		ride SacRT for FREE!
	tinyurl.com/BrainHealth25916-734-5243	
AMENTO COUNTY PUBLIC HEALTH	GROW GREATER SACRAMENTO WOMEN'S BRAIN HEALTH PROGRAM WCDAVIS HEALTH	Clinical and Translation Science Center
	ATION [®] SAINT PAUL C H U R C H S A C R A M E N T O	VISAlzheimer's DiseaseTHResearch Center

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