

PROTECT YOURSELF PROTECT YOUR HEALTH

- Local Resources
- Fraud Prevention & Healthy Aging Speakers
- Exercise Demonstrations
- Snacks will be provided



SATURDAY

May 31st, 2025

10 AM - 12 PM

LOCATION:

📍 Saint Paul Church of Sacramento
Legacy Hall
3996 14th Avenue Sacramento, CA 95820

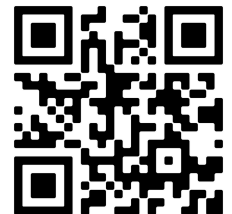
**TO REGISTER:
SCAN HERE**



tinyurl.com/BrainHealth25

916-734-5243

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